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ILLNESS AND HYGEINE POLICY

When your child is enrolled with FNQDA, we will seek information from you which will enable us to contact you, should the necessity arise. It is the parent/carers responsibility to ensure that contact information held by FNQDA is current and up to date. It is also the parent/carers responsibility to notify FNQDA if their child is allergic to bandaids, or have any other allergies/reactions that would be relevant in a First Aid situation.

FNQDA supplies a number of First Aid Kits to deal with minor accidents. In the case of an accident, we will firstly attempt to contact a parent/carer. In the unlikely event of a severe accident or serious illness, FNQDA will contact the ambulance and endeavour to contact parents as soon as possible. If a parent is unavailable, FNQDA will take steps to have the ambulance transport the child to hospital if necessary.

ILLNESS & HYGEINE POLICY

When groups of children learn together, illness and disease can spread from one child to another even when the service's stakeholders implement recommended hygiene and infection control practices.

This Illness Policy establishes a shared expectation of when children should be excluded from class by their parents/carers, how symptoms of an illness are assessed when a child becomes unwell whilst in the care of FNQDA, and how a child will be cared for when they are unwell.

CONTAINMENT OF INFECTIOUS DISEASE STRATEGY

FNQDA is committed to preventing the spread of infectious illnesses through the implementation of frequent cleaning procedures, and encouragement of simple strategies such as effective handwashing.

- Provision of soap and single use hand towels in lavatories
- Provision of single use cups at water bubblers when water bottles are forgotten (personal water bottles are strongly encouraged)
- Provision of hand sanitizer in each studio and at reception
- Daily wipe down of surfaces, including hospital grade spray disinfectant
- Additional disinfection procedures by staff of high-traffic areas (door handles, Barres, Ipads, props)
- Reminders to all, regarding proper hand washing procedures
- Clear expectations for exclusion 'staying at home' when unwell to reduce risk of sharing germs

PARENTS RESPONSIBILITIES

Please remind all children and monitor young children about the importance of the key points in QLD Health's "Spread the Facts, Not the Flu" campaign including:

- Get vaccinated – vaccination each year is the best protection against flu.
- Stay home when you are sick and avoid spreading the flu.
- **Wash your hands thoroughly – it takes at least 15 seconds to wash your hands properly.**
- Limit the spread of germs by using a tissue or coughing/sneezing into your elbow.
- Dispose of used tissues as the flu virus can live outside the human body for a number of hours.
<https://www.health.qld.gov.au/news-events/doh-media-releases/releases/spread-the-facts.-not-the-flu>

FALLING ILL AT DANCING

If a child falls ill whilst in FNQDA's care, after a short period of observation, a decision will be made regarding resumption of normal classes, or contacting a parent/carer.

A Forehead Thermometer will be used to measure the temperature of children suspected of becoming unwell, and parent/carer's will be contacted to please collect their child ASAP when a temperature of $\geq 37.5^{\circ}\text{C}$ is detected.

Student will be removed from main traffic & studio areas and all areas they were exposed to will be wiped down immediately, and sprayed with Glen 20.

EXCLUSIONS

FNQDA is obliged to follow Queensland Health Department's exclusion regulations. Detailed information regarding the minimum exclusion periods for infectious conditions can be found at:

https://www.health.qld.gov.au/data/assets/pdf_file/0022/426820/timeout_poster.pdf

Please review the above document to ensure you are protecting our dancing family from contagious illness. Common conditions and exclusion information include, but are not limited to:

- Influenza and influenza-like illness:
 - Person with infection: EXCLUDE until symptoms have resolved, normally 5-7 days
 - Those in contact with the infected person: NOT Excluded
- Diarrhoea and/or Vomiting:
 - Person affected with single case: EXCLUDE until 24hrs after last loose bowel motion and the person is well.
 - Viruses including Norovirus: EXCLUDE until there has been no diarrhoea or vomiting for 48hrs.
 - Those in contact with the affected person: Exclusion may apply, please consult with your doctor.

INJURY MANAGEMENT / RETURN TO DANCE AFTER ILLNESS

We strongly encourage attendance at all classes (even if unable to fully participate) as much can be learnt via observation, listening to corrections and in most cases partial participation within limits. Obviously if a student is unwell / contagious (as per exclusion criteria listed above) they should not attend, but for students with an injury or those returning from a period of exclusion maintaining a social and cognitive connection with their classmates is highly advantageous and positive.

We ask all students to notify their teacher at the START of a lesson if there is any reason why they are not able to fully participate, and make a plan for the level/type of participation possible for that lesson.

A note from parents /doctor etc for younger children listing restrictions is often quicker and easier to communicate 😊

MEDICAL CONDITIONS/SEVERE ALLERGIES

Students with diagnosed medical conditions who require treatment and/or management of such conditions must have an Action Plan prepared by a Medical Practitioner supplied to the school. The school must be kept informed of any changes to an Action Plan during a student's enrolment.

Medical conditions of concern may include, but are not limited to:

- Asthma
- Diabetes
- Epilepsy
- Anaphylaxis